



Beating the Heat at Club SciKidz Summer Camp!

With hot summer temperatures upon us, we'd like to remind you of the extra precautions we take to make sure our campers stay cool and well hydrated. Safety measures include:

- **Club SciKidz** camp counselors will ensure that hats are being worn and sunscreen is being re-applied throughout the day. If the Permission to Apply Sunscreen Waiver has been signed by parent/guardian, the Director(s) will assist in reapplying sunscreen.
- Children at all camp sites will have regular access to water fountains or drinking water taps. Campers should remember to bring their own water bottle to fill up throughout the day.
- **Club SciKidz** camp counselors will plan lower activity games/activities when the sun is the strongest and will take advantage of shaded areas throughout the day.

In addition, we follow the following guidelines for outdoor play:

Green – Comfortable for outdoor play. Heat index up to/including the 80's. (Heat index – how hot it feels to the body when the air temperature (in Fahrenheit) and relative humidity are combined.) Sunscreen will be reapplied if Waiver signed. Children will be reminded to drink.

Yellow – Caution. Heat index in the 90's. Children will be closely observed for being too hot while outdoors. Sunscreen will be reapplied if Waiver signed. Children will be reminded to drink often. Length of outdoor time will be shortened.

Red – Danger. Heat index of 100 or more. Children will play indoors.